**HSLI 2021**

**Resources for CAIM**

**US GOVERNMENT**

* National Center for complementary and Integrative Medicine (NCCIH)
<https://www.nccih.nih.gov/>

NCCIH is the Federal Government’s lead agency for scientific research on complementary and integrative health approaches.

### NCCIH Clearinghouse

<https://www.nccih.nih.gov/health/nccih-clearinghouse>

Responds to inquiries, in English or Spanish

Distributes NCCIH publications and selected other Federal publications on complementary health approaches

Retrieves information from Federal databases of peer-reviewed scientific and medical literature

Makes referrals to other Federal resources as appropriate

Accepts phone inquiries Monday through Friday from 10:00 a.m.–4:00 p.m. ET (except Federal holidays). Voicemail messages can be left at any time, and an Information Specialist will call you back.

* NCCIH - 6 Things To Know When Selecting a Complementary Health Practitioner <https://www.nccih.nih.gov/health/tips/things-to-know-when-selecting-a-complementary-health-practitioner>
* CDC Complementary and Alternative Medicine (Cancer) <https://www.cdc.gov/cancer/survivors/patients/complementary-alternative-medicine.htm>
* FDA 101: Dietary Supplements <https://www.fda.gov/consumers/consumer-updates/fda-101-dietary-supplements>
* National Cancer Institute (NCI) – Complementary and Alternative Medicine
<https://www.cancer.gov/about-cancer/treatment/cam>
* Office of Dietary Supplements (ODS) <https://ods.od.nih.gov/>
* USDA General Information and Resources for Dietary Supplements <https://www.nal.usda.gov/fnic/general-information-and-resources-dietary-supplements>
* MedlinePlus – Drugs, Herbs and Supplements <https://medlineplus.gov/druginformation.html>
* MedlinePlus – Dietary Supplements <https://medlineplus.gov/dietarysupplements.html#cat_82>

**OTHER**

* Johns Hopkins – What are herbal supplements? <https://www.hopkinsmedicine.org/health/wellness-and-prevention/herbal-medicine>
* Mayo Clinic – Integrative Medicine
<https://www.mayoclinic.org/tests-procedures/complementary-alternative-medicine/about/pac-20393581>
* MedEdPORTAL December 2020
Implementing an Interactive Introduction to Complementary Medicine for Chronic Pain Management Into the Medical School Curriculum

[Uttara Gadde](file:///C%3A%5CUsers%5Cphburn%5CDesktop%5CHSLI%202021%5CUttara%20Gadde) et al.
<https://doi.org/10.15766/mep_2374-8265.11056>

* MedEdPORTAL September 2, 2015
Introduction of Complementary and Alternative Medicine/Integrative Medicine to Pediatrics Residents [Sanghamitra Misra, MD](https://www.mededportal.org/doi/10.15766/mep_2374-8265.10187)
<https://doi.org/10.15766/mep_2374-8265.10187>
* PEW Research Center – Americans’ health care behaviors and use of conventional and alternative medicine.
<https://www.pewresearch.org/science/2017/02/02/americans-health-care-behaviors-and-use-of-conventional-and-alternative-medicine/>

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